



*Rethinking Savings*

March 6, 2019

## **Resources**

- **Consumer Financial Protection Bureau – Money Rules to Live By**
  - My Savings Rules to Live By:  
[https://files.consumerfinance.gov/f/201603\\_cfpb\\_rules-to-live-by\\_my-savings-rule-to-live-by.pdf](https://files.consumerfinance.gov/f/201603_cfpb_rules-to-live-by_my-savings-rule-to-live-by.pdf)
  - My Spending Rule to Live By:  
[https://files.consumerfinance.gov/f/documents/cfpb\\_worksheet\\_my-spending-rule-to-live-by.pdf](https://files.consumerfinance.gov/f/documents/cfpb_worksheet_my-spending-rule-to-live-by.pdf)
  
- **America Saves**
  - Saver Checklist:  
<https://americasaves.org/for-savers/savings-tools-and-resources/saver-checklist-tool>
  - Assess Your Savings Plan:  
<https://americasaves.org/for-savers/savings-tools-and-resources/assess-your-savings-plan>
  - The America Saves Pledge:  
<https://americasaves.org/for-savers/pledge>
  
- **Utah State University Extension**
  - PowerPay: <https://powerpay.org/>