

# Healthy Money Habits

Step 3

## Class Challenge

### Compare charitable organizations

Visit a site like [CharityNavigator.org](http://CharityNavigator.org) or [CharityWatch.org](http://CharityWatch.org), and do a search for organizations that you have supported or plan on supporting to find out how donations are used.

Create or respond to a post with questions or feedback on this challenge here <https://www.facebook.com/pages/Idahos-Two-Cent-Tips/158778734174237>

## Food for Thought

Recipients of private charity will be made better off than if they had received the same amount of support from government welfare (Brooks, 2009).

## Additional Resources

Find related resources here: <http://extension.uidaho.edu/madison/?s=giving&searchsubmit=>

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## Charity

**Don't Wait** – Several studies have suggested that low-income earners who regularly give a portion of their income to charitable causes are more likely to move up the income scale later in life.

**Automate** – Give regularly and consider automating your payments through your bank or paycheck. Small regular donations to a worthy cause can add up to a big difference.

**Investigate Use of Donations** – Use websites like [CharityNavigator.org](http://CharityNavigator.org) or [CharityWatch.org](http://CharityWatch.org) to find out how your donations might be used with certain organizations. For example, does the charity spend most of its donations directly on the causes it claims to support, or do they spend it on other things like large CEO salaries, real estate, or mailers to ask for more money. Certain amounts of overhead are unavoidable, but research will help give you peace of mind that your donated dollars are doing the most they can.

**Don't Enable** – Do you have any friends or family members, who are adults, but who are fully or partially financially dependent on you? Giving is good, but not when it prevents growth and independence in others. Don't allow your generosity to limit someone else's potential.

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