



Slash Your Spending

October 18, 2017

Resources

1. **Alabama Cooperative Extension System:** 101+ Ways to Save Food Dollars
www.aces.edu/pubs/docs/H/HE-0757/HE-0757.pdf
2. **Utah State University Cooperative Extension:** Slashing Expenses: A Guide to Help you Slash Your Expenses & Save More
https://digitalcommons.usu.edu/cgi/viewcontent.cgi?article=2688&context=extension_curall
3. **University of Delaware Cooperative Extension:** Forty-Five Ways to Live on Less
<http://extension.udel.edu/factsheets/forty-five-ways-to-live-on-less/>
4. **University of Minnesota Extension:** Stretching Your Food Dollar
www.extension.umn.edu/family/live-healthy-live-well/healthy-minds/getting-through-tough-times/stretching-your-food-dollar/
5. **University of Minnesota Extension:** Discounted Entertainment for Families
www.extension.umn.edu/family/live-healthy-live-well/healthy-wallets/spending-and-saving/discounted-entertainment/
6. **Smart About Money (SAM):** Spending and Borrowing
<https://www.smartaboutmoney.org/Topics/Spending-and-Borrowing>
7. **U.S. Department of Energy:** Energy Saver Guide: Tips on Saving Money and Energy at Home
<https://energy.gov/energysaver/services/energy-saver-guide-tips-saving-money-and-energy-home>