



*Budgeting for Your Good Life*

November 1, 2017

**Resources**

1. **Kansas State University Research and Extension: Essential Living Skills: Time Management Skills**  
[www.bookstore.ksre.k-state.edu/pubs/S134F.pdf](http://www.bookstore.ksre.k-state.edu/pubs/S134F.pdf)
2. **Kansas State University Research and Extension: Essential Living Skills: Job-Ready Skills**  
[www.bookstore.ksre.k-state.edu/pubs/S134A.pdf](http://www.bookstore.ksre.k-state.edu/pubs/S134A.pdf)
3. **The Henry J. Kaiser Family Foundation: State Health Facts – Median Annual Household Income, 2016**  
[www.kff.org/state-category/demographics-and-the-economy/household-income/](http://www.kff.org/state-category/demographics-and-the-economy/household-income/)
4. **Consumer Financial Protection Bureau: Consumer Voices on Financial Rules to Live By**  
[www.consumerfinance.gov/data-research/research-reports/consumer-voices-financial-rules-live/](http://www.consumerfinance.gov/data-research/research-reports/consumer-voices-financial-rules-live/)
5. **Consumer Financial Protection Bureau: Your Money, Your Goals Native Communities Tool – Using Values to Set Goals**  
[https://s3.amazonaws.com/files.consumerfinance.gov/f/documents/cfpb\\_ymyg\\_native-communities\\_using-values-to-set-goals.pdf](https://s3.amazonaws.com/files.consumerfinance.gov/f/documents/cfpb_ymyg_native-communities_using-values-to-set-goals.pdf)
6. **Kansas State University Research and Extension: Spend Some, Save Some, Share Some: Family Budgeting**  
[www.bookstore.ksre.k-state.edu/pubs/MF3306.pdf](http://www.bookstore.ksre.k-state.edu/pubs/MF3306.pdf)
7. **United States Department of Labor, Bureau of Labor Statistics: Consumer Expenditures – 2016**  
[www.bls.gov/news.release/pdf/cesan.pdf](http://www.bls.gov/news.release/pdf/cesan.pdf)
8. **Consumer Financial Protection Bureau: Your Money, Your Goals Toolkit – Tool 1: Goal-setting Tool**  
[https://s3.amazonaws.com/files.consumerfinance.gov/f/documents/cfpb\\_ymyg\\_a-financial-empowerment-toolkit.pdf](https://s3.amazonaws.com/files.consumerfinance.gov/f/documents/cfpb_ymyg_a-financial-empowerment-toolkit.pdf)
9. **eXtension.org: What Should a Good Budget Include, and what are the Limitations of Budgeting?**  
<http://articles.extension.org/pages/43698/what-should-a-good-budget-include-and-what-are-the-limitations-of-budgeting>